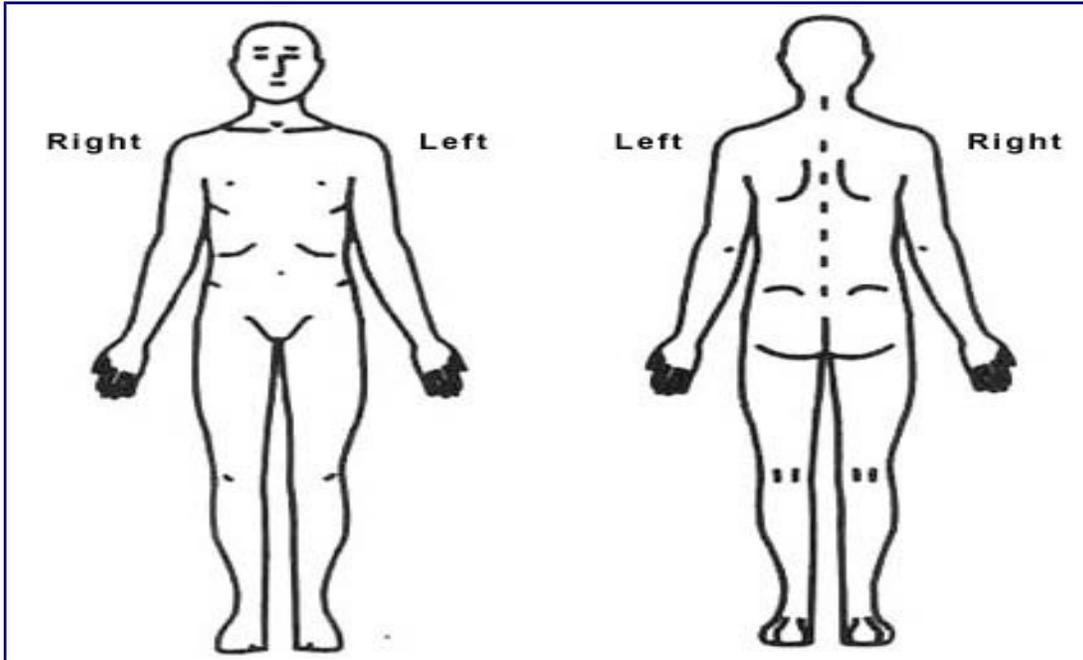


Beacon Pain Clinic Pain Diagram/Scale

Patient Name: _____ Date: _____

DOB: _____ Height: _____ Weight: _____



Use the above diagram to indicate the area(s) of your pain. Mark the location(s) with an “X”

Check all of the following that describe your pain:

- | | | | |
|--------------------------------------|--|---|------------------------------------|
| <input type="checkbox"/> Dull/aching | <input type="checkbox"/> Hot/burning | <input type="checkbox"/> Shooting | <input type="checkbox"/> Throbbing |
| <input type="checkbox"/> Cramping | <input type="checkbox"/> Numbness | <input type="checkbox"/> Spasming | <input type="checkbox"/> Tightness |
| <input type="checkbox"/> Squeezing | <input type="checkbox"/> Tingling/pins and needles | <input type="checkbox"/> Stabbing/sharp | |

When is your pain at its worst?

- Morning Daytime Evening Middle of the night Always the same

How often does the pain occur?

- Constant Changes in severity but always present Intermittent (comes and goes)

If pain “0” is no pain and “10” is the worst pain you can imagine, how would you rate your pain?

Right now _____ The best it gets _____ The worst it gets _____

Do you have any of the following associated symptoms?

- | | | |
|---|---|---|
| <input type="checkbox"/> Weakness in the arm/leg | <input type="checkbox"/> Bladder incontinence | <input type="checkbox"/> Balance problems |
| <input type="checkbox"/> Joint swelling/stiffness | <input type="checkbox"/> Bowel incontinence | <input type="checkbox"/> Fevers/chills |

Name _____ DOB _____

Please mark any current or previous medical conditions:

- Cancer – type _____
- Diabetes – type _____
- Anemia
- Heart attack
- Coronary artery disease
- High blood pressure
- Peripheral vascular disease
- Stroke/TIA
- Heart valve disorders
- GERD (acid reflux)
- Gastrointestinal bleeding
- Stomach ulcers
- Constipation
- Chronic kidney disease
- Kidney stones
- Urinary incontinence
- Dialysis
- Multiple sclerosis
- Peripheral neuropathy
- Seizures
- Depression
- Anxiety
- Schizophrenia
- Bipolar disorder
- Headaches
- Migraines
- Head injury
- Hyperthyroidism
- Hypothyroidism
- Glaucoma
- Asthma
- Bronchitis/pneumonia
- Emphysema/COPD
- Bursitis
- Carpel tunnel syndrome
- Fibromyalgia
- Osteoarthritis
- Osteoporosis
- Rheumatoid arthritis
- Chronic joint pains
- Other diagnosed conditions:

Surgical History

| <u>Approximate date</u> | <u>Surgeon</u> | <u>Procedure</u> |
|-------------------------|----------------|------------------|
| 1. | _____ | _____ |
| 2. | _____ | _____ |
| 3. | _____ | _____ |
| 4. | _____ | _____ |
| 5. | _____ | _____ |
| 6. | _____ | _____ |
| 7. | _____ | _____ |
| 8. | _____ | _____ |
| 9. | _____ | _____ |

Name _____ DOB _____

Family History

Mark all appropriate diagnoses as they pertain to your first degree relatives (mother, father, siblings)

- | | |
|--|--|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> High cholesterol |
| <input type="checkbox"/> Alzheimer/Dementia | <input type="checkbox"/> Kidney problems |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Liver problems |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Rheumatoid arthritis |
| <input type="checkbox"/> Epilepsy/seizures | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Headaches/migraines | <input type="checkbox"/> Trouble with blood clotting |
| <input type="checkbox"/> Heart trouble | <input type="checkbox"/> No significant family medical history |
| <input type="checkbox"/> High blood pressure | |

Social History

Are you: single _____ married _____ widowed _____ divorced _____ separated _____ significant other _____

What kind of work do you do? _____

What types of recreational activity/relaxation do you partake in? How often? _____

Do you Drink? No _____ Yes _____ Drinks per day _____ Socially _____ Rarely _____ Moderately _____

Do you Smoke? No _____ Yes _____ How many a day? _____ Less than a pack a week? _____

Does anyone in your family have a substance abuse history? No _____ Yes _____ Whom? _____

Do you have a history of street drug abuse? No _____ Yes _____ Drug? _____

Do you have a history of prescription drug abuse? No _____ Yes _____ Drug? _____

Have you ever been hospitalized for a psychiatric condition? No _____ Yes _____

When? _____ Where? _____

Have you used or are you using any illegal substances? No _____ Yes _____ Which ones? _____

Is there any substance abuse in your household? No _____ Yes _____ Which kind? _____

Have you ever been treated for, or do you feel you have problems with alcoholism or any type of substance abuse? No _____ Yes _____ Details _____

Name _____ DOB _____

Please list all current medications you are taking, including vitamins and over the counter medications:

| Medication | Dose | #per day | Physician | Medication | Dose | #per day | Physician |
|------------|------|----------|-----------|------------|------|----------|-----------|
| | | | | | | | |
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Please list any blood thinners or anti-coagulants you are currently taking, including who prescribes them:

- Aspirin _____
- Coumadin _____
- Eliquis _____
- Plavix _____
- Xarelto _____
- None

List your allergies and the reaction:

Name _____ DOB _____

Review of Symptoms

Please circle any of the following problems or symptoms which you may have:

General Health: weakness, fatigue, body aches, headaches, poor appetite, excessive appetite

Other: _____

Skin: hives, eczema, dryness, itching, rash, changes in moles or skin color, changes in nails

Other: _____

Head: headaches, migraines, fainting/loss of consciousness, dizziness, passing out

Other: _____

Eyes: blurred vision, double vision, change in vision, pain

Other: _____

Ears: changes in hearing, pain, ringing, drainage, vertigo

Other: _____

Nose: congestion, runny nose, bloody nose, sinus problems, snoring

Other: _____

Throat and Mouth: difficulty swallowing, hoarseness, dry mouth, sores in mouth

Other: _____

Respiratory: shortness of breath, asthma, wheezing, sleep apnea, cough, pneumonia

Other: _____

Gastrointestinal: abdominal pain, heartburn, nausea/vomiting, blood in stool, IBS, diarrhea, hernia, constipation, ulcer, jaundice, excessive gas, bloating, colitis

Other: _____

Muscles, Bones and Joints: arthritis, muscle/joint pain, cramps, joint swelling, fractures, gout, osteoporosis, fibromyalgia, polio (Specific joint areas: shoulder, elbow, wrist, hand, fingers, hip, knee, ankle, foot, toes)

Other: _____

Back and Neck: Back pain or stiffness, neck pain or stiffness, restricted motion, disc problems, sciatica, fracture

Other: _____

Psychiatric and Mood: depression, anxiousness, poor energy or motivation, short temper, compulsive behavior, change in mood, problems sleeping, poor concentration

Other: _____

Cardiovascular: pacemaker, chest pain, high blood pressure, blood clots, murmur, heart attack, high cholesterol, leg edema/swelling, rheumatic fever

Other: _____

Other conditions or problems not listed: _____

Diagnostic Tests and Imaging

Mark all of the following tests that you have related to your current pain and complaints:

- MRI of the: _____ Date: _____
- Xray of the: _____ Date: _____
- CT scan of the: _____ Date: _____
- EMG/NCS of the: _____ Date: _____
- Other diagnostic testing: _____ Date: _____
- I have not had ANY diagnostic tests for my current pain complaint

Physical Therapy & Chiropractic Care

Mark all of the following you have completed related to your current pain and complaints:

- Physical therapy: _____ Date: _____
Where completed? _____ # of visits: _____
- Chiropractor: _____ Date: _____
Where completed? _____ # of visits: _____
- Other : _____ Date: _____
Where complete? _____ # of visits: _____

Beacon Pain Clinic Controlled Substance Agreement

The purpose of this agreement is to protect your access to controlled substances and protect our ability to prescribe to you. Please check the line below or initial by each line 1-13.

____ If this line is checked, I do not want controlled prescriptions. However, if I ever get controlled medications I agree to these provisions.

____ 1. I understand that my provider and I will work together to find the best treatment for my pain. To achieve this goal this office is willing to prescribe controlled substances. The goals of this treatment is to reduce my pain in order to improve my ability to function, but may not completely eliminate my pain.

____ 2. I understand that I am responsible for my medications. I will take measures to secure them to prevent possible theft. If the medications are lost, stolen, or misplaced, **regardless of the reason**. I understand that my medications will **NOT** be replaced or refilled and I risk being discharged from Beacon Pain Clinic.

____ 3. I **will not** request or accept pain medications from any other physician or individual while receiving medications from Beacon Pain Clinic. I understand by doing so I could be endangering my health and it is illegal. Exceptions will be made if I have DISCUSSED THEM WITH DR. GUY or while I am admitted to the hospital.

____ 4. Use of prohibited substances can interfere with my opioid therapy and cause adverse effects. Therefore, I agree to notify my provider of the use of all substances: to include marijuana, alcohol, and illicit drugs. I understand that I should not be using these substances while on opioid therapy and by doing so I risk being discharged.

____ 5. Medication changes will **NOT** be made over the phone. Changes in my medication will require a doctors visit so I can be re-evaluated. **I will not dispose of unused medications. I will bring in all medications in their original containers to every appointment.**

____ 6. I will take the medication at the dose and frequency prescribed by my provider. **I understand that I am NOT to increase the dose of my medication.** By doing so I may no longer receive controlled substances from my physician.

____ 7. I understand that prescriptions may take up to 72 hours to refill. I will be responsible and plan accordingly in order to get my refills on time and will also plan for weekends and holidays so as I will not run out of my medication. Same day requests or walk in requests will NOT be honored or filled.

____ 8. I understand that opioids have common potential side effects that include: constipation, sweating itching/rash, and allergic reactions. Drowsiness may occur when starting or increasing the dosage. I understand this and agree to refrain from driving a motor vehicle or operating machinery until drowsiness subsides.

____ 9. I agree to random drug testing by my physician to monitor my compliance with proper medication use. I waive certain privacy rights so that my physician may talk to other healthcare providers, family members, and even law enforcement officials. I also agree to come into the office when asked to and submit to a drug screen or produce unused portions of medications to verify they are being taken correctly.

____ 10. I understand that I can become dependent on opioid medications, which in a small number can lead to addiction. If addiction occurs my physician will discontinue the medication and I will be referred to a drug treatment program.

____ 11. I understand that some persons develop tolerance, which is the need to increase the dose of the medication to achieve the same level of pain control. I also understand that I may become physically dependent on the medication and stopping the medication suddenly may cause serious withdrawal symptoms.

____ 12. I understand that all controlled substances are my responsibility and I am not to give them to any other persons for any reason. If I do my physician may no longer prescribe controlled substances to me and may also lead to discharge from the clinic.

____ 13. I fully understand that if I violate any of the above conditions that my controlled substance prescriptions and/or the treatment with Beacon Pain Clinic may be immediately terminated and I risk being discharged from the clinic. I also understand that this may result in withdrawal symptoms.

Patient Name: _____ Date: _____

Signature: _____ Reviewed by Physician: _____

Name & location of pharmacy _____ Witness Initials: _____

Opioid Risk Tool (ORT)

Patient Form

Name _____

Date _____

| Mark each box that applies | | Female | Male |
|--|---|--------------------------|--------------------------|
| 1. Family history of substance abuse | <ul style="list-style-type: none">AlcoholIllegal drugsPrescription drugs | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Personal history of substance abuse | <ul style="list-style-type: none">AlcoholIllegal drugsPrescription drugs | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Age (mark box if 16-45 years) | | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. History of preadolescent sexual abuse | | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Psychological disease | <ul style="list-style-type: none">Attention-deficit/hyperactivity disorder, obsessive-compulsive disorder, bipolar disorder, schizophreniaDepression | <input type="checkbox"/> | <input type="checkbox"/> |

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Beacon Pain Clinic Important Information

___1. I understand that prior authorization for my imaging will be done once, and I need to schedule and complete the imaging appointment within my insurance's approved authorization time-frame. I understand that the authorization process can take several days to several weeks or more.

___2. I understand that I must give 48 business hours notice to cancel/reschedule a follow-up appointment, and 72 business hours notice to cancel/reschedule a procedure. Failure to do so will result in a \$50 rescheduling fee for follow-up appointments and \$100 rescheduling fee for procedures. I understand that insurance will not cover this fee and I will not be allowed to schedule until that fee is paid.

___3. I understand that I will need to make my medication follow-up appointments 10 days prior to my medication fill date.

___4. I understand that my copay, coinsurance and deductible payments must be made in a timely manner. If I fail to make regular payments, I risk having my bill sent to collections. If my bill is sent to collections, I understand that I will not be able to remain a patient of Beacon Pain Clinic.

___5. I understand that I may need to leave a urine sample at my appointment, and I will always arrive prepared to do so. I further understand that if I do not leave a sufficient sample and/or do not tighten the lid properly and there is a spill, I may have to repeat the sample and could potentially be charged a cleanup fee. I understand I need to fill the cup $\frac{1}{4}$ to $\frac{1}{2}$ full.

___6. I understand that my medication may require prior authorization from my insurance company, and that process may take up to two weeks.

___7. I understand that it is my responsibility to make sure I have a current referral from my primary care provider if my insurance requires that for a specialist.

___8. I understand that it is my responsibility to inform Beacon Pain Clinic of any insurance, address or phone number changes.

___9. I understand that Beacon Pain Clinic has a small staff and I may need to leave a message if they do not answer the phone. I understand that they will get back to me as soon as possible and I only need to leave one message. I further understand that I should not call the on call doctor for refills, appointment changes/cancellations, prior authorizations, etc, as the on call doctor can not help me with these issues.

___10. I understand that if my medications are lost, stolen, or misplaced, regardless of the reason, they will NOT be replaced or refilled.

___11. I will not request or accept pain medications from any other physician or individual while receiving medications from Beacon Pain Clinic. I understand by doing so I could be endangering my health and it is illegal. Exceptions will be made if I have DISCUSSED THEM WITH DR. GUY or while I am admitted to the hospital.

___12. I understand that the use of prohibited substances can interfere with my opioid therapy and cause adverse effects. Therefore, I agree to notify my provider of the use of all substances: to include marijuana, alcohol, and illicit drugs. I understand that I should not be using these substances while on opioid therapy.

___13. I understand that medication changes will NOT be made over the phone and will require an appointment. I will not dispose of unused medications. I will bring in all medications in their original containers to every appointment.

___14. I will take medication at the dose and frequency prescribed by my provider. I understand that I am NOT to increase the dose of my medication.

___15. I understand that prescriptions may take up to 72 hours to refill. I will be responsible and plan accordingly in order to get my refills on time and will also plan for weekends and holidays so that I will not run out of my medication. Same day requests or walk in requests will NOT be honored or filled.

___16. I agree to random drug testing by my physician to monitor my compliance with proper medication use. I also agree to come into the office when asked to and submit to a drug screen or produce unused portions of medications to verify they are being taken correctly.

___17. I understand that all controlled substances are my responsibility and I am not to give them to any other persons for any reason.

THANK YOU FOR YOUR PATIENCE WHILE WE PRIORITIZE PATIENT NEEDS AND TAKE CARE OF URGENT NEEDS BEFORE ALL ELSE.

Patient Name: _____

Date: _____

Signature: _____

Witness Initials: _____