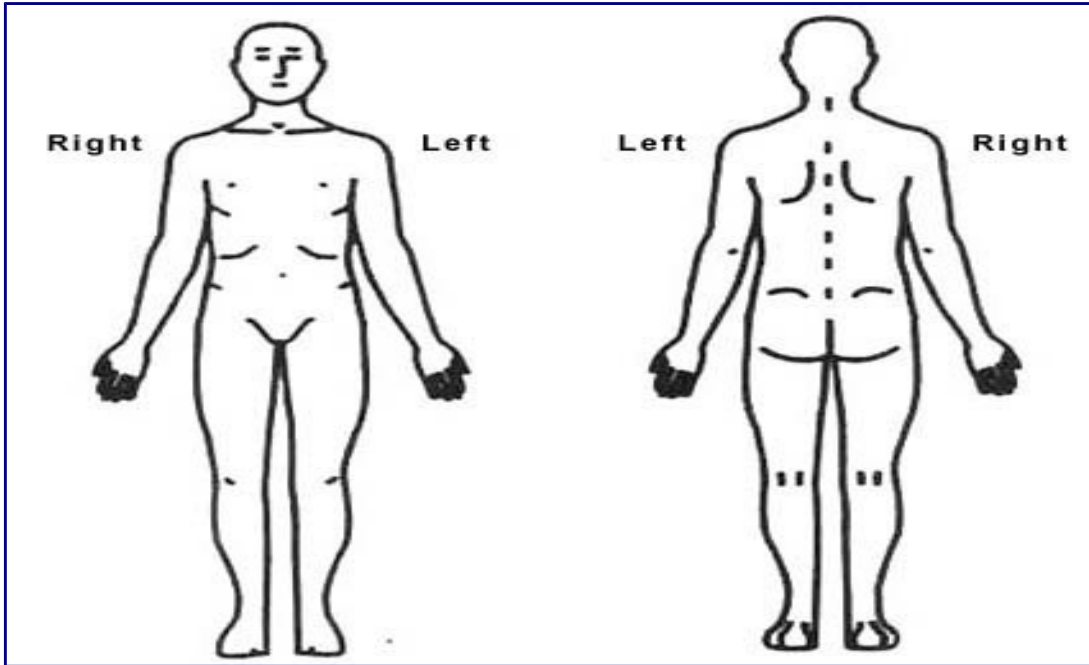




## Beacon Pain Clinic Pain Diagram/Scale

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_



**\* You will fill out the above diagram once you get to your scheduled appointment**

**Check all of the following that describe your pain:**

- |             |                           |                |           |
|-------------|---------------------------|----------------|-----------|
| Dull/aching | Hot/burning               | Shooting       | Throbbing |
| Cramping    | Numbness                  | Spasming       | Tightness |
| Squeezing   | Tingling/pins and needles | Stabbing/sharp |           |

**When is your pain at its worst?**

- Morning      Daytime      Evening      Middle of the night      Always the same

**How often does the pain occur?**

- Constant      Changes in severity but always present      Intermittent (comes and goes)

**If pain "0" is no pain and "10" is the worst pain you can imagine, how would you rate your pain?**

Right now \_\_\_\_\_      The best it gets \_\_\_\_\_      The worst it gets \_\_\_\_\_

**Do you have any of the following associated symptoms?**

- |                          |                      |                  |
|--------------------------|----------------------|------------------|
| Weakness in the arm/leg  | Bladder incontinence | Balance problems |
| Joint swelling/stiffness | Bowel incontinence   | Fevers/chills    |

Name \_\_\_\_\_ DOB \_\_\_\_\_

**Please mark any current or previous medical conditions:**

- |                             |                        |                             |
|-----------------------------|------------------------|-----------------------------|
| Cancer – type _____         | Peripheral neuropathy  | Osteoarthritis              |
| Diabetes – type _____       | Seizures               | Osteoporosis                |
| Anemia                      | Depression             | Rheumatoid arthritis        |
| Heart attack                | Anxiety                | Chronic joint pains         |
| Coronary artery disease     | Schizophrenia          | Other diagnosed conditions: |
| High blood pressure         | Bipolar disorder       | _____                       |
| Peripheral vascular disease | Headaches              | _____                       |
| Stroke/TIA                  | Migraines              | _____                       |
| Heart valve disorders       | Head injury            | _____                       |
| GERD (acid reflux)          | Hyperthyroidism        | _____                       |
| Gastrointestinal bleeding   | Hypothyroidism         | _____                       |
| Stomach ulcers              | Glaucoma               | _____                       |
| Constipation                | Asthma                 | _____                       |
| Chronic kidney disease      | Bronchitis/pneumonia   | _____                       |
| Kidney stones               | Emphysema/COPD         | _____                       |
| Urinary incontinence        | Bursitis               | _____                       |
| Dialysis                    | Carpel tunnel syndrome | _____                       |
| Multiple sclerosis          | Fibromyalgia           | _____                       |

**Surgical History**

<u>Approximate date</u>	<u>Surgeon</u>	<u>Procedure</u>
1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____

Name \_\_\_\_\_ DOB \_\_\_\_\_

**Family History**

**Mark all appropriate diagnoses as they pertain to your first degree relatives (mother, father, siblings)**

- |                     |                                       |
|---------------------|---------------------------------------|
| Arthritis           | High cholesterol                      |
| Alzheimer/Dementia  | Kidney problems                       |
| Cancer              | Liver problems                        |
| Depression          | Osteoporosis                          |
| Diabetes            | Rheumatoid arthritis                  |
| Epilepsy/seizures   | Stroke                                |
| Headaches/migraines | Trouble with blood clotting           |
| Heart trouble       | No significant family medical history |
| High blood pressure |                                       |

**Social History**

Are you: single \_\_\_\_\_ married \_\_\_\_\_ widowed \_\_\_\_\_ divorced \_\_\_\_\_ separated \_\_\_\_\_ significant other \_\_\_\_\_

What kind of work do you do? \_\_\_\_\_

What types of recreational activity/relaxation do you partake in? How often? \_\_\_\_\_

Do you Drink? No \_\_\_\_\_ Yes \_\_\_\_\_ Drinks per day \_\_\_\_\_ Socially \_\_\_\_\_ Rarely \_\_\_\_\_ Moderately \_\_\_\_\_

Do you Smoke? No \_\_\_\_\_ Yes \_\_\_\_\_ How many a day? \_\_\_\_\_ Less than a pack a week? \_\_\_\_\_

Does anyone in your family have a substance abuse history? No \_\_\_\_\_ Yes \_\_\_\_\_ Whom? \_\_\_\_\_

Do you have a history of street drug abuse? No \_\_\_\_\_ Yes \_\_\_\_\_ Drug? \_\_\_\_\_

Do you have a history of prescription drug abuse? No \_\_\_\_\_ Yes \_\_\_\_\_ Drug? \_\_\_\_\_

Have you ever been hospitalized for a psychiatric condition? No \_\_\_\_\_ Yes \_\_\_\_\_

When? \_\_\_\_\_ Where? \_\_\_\_\_

Have you used or are you using any illegal substances? No \_\_\_\_\_ Yes \_\_\_\_\_ Which ones? \_\_\_\_\_

Is there any substance abuse in your household? No \_\_\_\_\_ Yes \_\_\_\_\_ Which kind? \_\_\_\_\_

Have you ever been treated for, or do you feel you have problems with alcoholism or any type of substance abuse? No \_\_\_\_\_ Yes \_\_\_\_\_ Details \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

**Please list all current medications you are taking, including vitamins and over the counter medications:**

Medication	Dose	#per day	Physician	Medication	Dose	#per day	Physician

**Please list any blood thinners or anti-coagulants you are currently taking, including who prescribes them:**

- Aspirin \_\_\_\_\_
- Coumadin \_\_\_\_\_
- Eliquis \_\_\_\_\_
- Plavix \_\_\_\_\_
- Xarelto \_\_\_\_\_
- None

**List your allergies and the reaction:**      No known allergies

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

## Review of Symptoms

*Please circle any of the following problems or symptoms which you may have:*

**General Health:** weakness, fatigue, body aches, headaches, poor appetite, excessive appetite

Other: \_\_\_\_\_

**Skin:** hives, eczema, dryness, itching, rash, changes in moles or skin color, changes in nails

Other: \_\_\_\_\_

**Head:** headaches, migraines, fainting/loss of consciousness, dizziness, passing out

Other: \_\_\_\_\_

**Eyes:** blurred vision, double vision, change in vision, pain

Other: \_\_\_\_\_

**Ears:** changes in hearing, pain, ringing, drainage, vertigo

Other: \_\_\_\_\_

**Nose:** congestion, runny nose, bloody nose, sinus problems, snoring

Other: \_\_\_\_\_

**Throat and Mouth:** difficulty swallowing, hoarseness, dry mouth, sores in mouth

Other: \_\_\_\_\_

**Respiratory:** shortness of breath, asthma, wheezing, sleep apnea, cough, pneumonia

Other: \_\_\_\_\_

**Gastrointestinal:** abdominal pain, heartburn, nausea/vomiting, blood in stool, IBS, diarrhea, hernia, constipation, ulcer, jaundice, excessive gas, bloating, colitis

Other: \_\_\_\_\_

**Muscles, Bones and Joints:** arthritis, muscle/joint pain, cramps, joint swelling, fractures, gout, osteoporosis, fibromyalgia, polio (Specific joint areas: shoulder, elbow, wrist, hand, fingers, hip, knee, ankle, foot, toes)

Other: \_\_\_\_\_

**Back and Neck:** Back pain or stiffness, neck pain or stiffness, restricted motion, disc problems, sciatica, fracture

Other: \_\_\_\_\_

**Psychiatric and Mood:** depression, anxiousness, poor energy or motivation, short temper, compulsive behavior, change in mood, problems sleeping, poor concentration

Other: \_\_\_\_\_

**Cardiovascular:** pacemaker, chest pain, high blood pressure, blood clots, murmur, heart attack, high cholesterol, leg edema/swelling, rheumatic fever

Other: \_\_\_\_\_

**Other conditions or problems not listed:** \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

**Diagnostic Tests and Imaging**

**Mark all of the following tests that you have related to your current pain and complaints:**

MRI of the: \_\_\_\_\_ Date: \_\_\_\_\_

Xray of the: \_\_\_\_\_ Date: \_\_\_\_\_

CT scan of the: \_\_\_\_\_ Date: \_\_\_\_\_

EMG/NCS of the: \_\_\_\_\_ Date: \_\_\_\_\_

Other diagnostic testing: \_\_\_\_\_ Date: \_\_\_\_\_

I have not had ANY diagnostic tests for my current pain complaint

**Physical Therapy & Chiropractic Care**

**Mark all of the following you have completed related to your current pain and complaints:**

Physical therapy: \_\_\_\_\_ Date: \_\_\_\_\_

Where completed? \_\_\_\_\_ # of visits: \_\_\_\_\_

Chiropractor: \_\_\_\_\_ Date: \_\_\_\_\_

Where completed? \_\_\_\_\_ # of visits: \_\_\_\_\_

Other : \_\_\_\_\_ Date: \_\_\_\_\_

Where complete? \_\_\_\_\_ # of visits: \_\_\_\_\_

I have not had ANY Physical therapy

I have not had ANY Chiropractic care

# Beacon Pain Clinic Controlled Substance Agreement

**The purpose of this agreement is to protect your access to controlled substances and protect our ability to prescribe to you. Please initial by each line 1-13.**

\_\_\_\_ If this line is checked, I do not want controlled prescriptions. However, if I ever get controlled medications I agree to these provisions.

\_\_\_\_ 1. I understand that my provider and I will work together to find the best treatment for my pain. To achieve this goal this office is willing to prescribe controlled substances. The goals of this treatment is to reduce my pain in order to improve my ability to function, but may not completely eliminate my pain.

\_\_\_\_ 2. I understand that I am responsible for my medications. I will take measures to secure them to prevent possible theft. If the medications are lost, stolen, or misplaced, **regardless of the reason**. I understand that my medications will **NOT** be replaced or refilled and I risk being discharged from Beacon Pain Clinic.

\_\_\_\_ 3. **I will not** request or accept pain medications from any other physician or individual while receiving medications from Beacon Pain Clinic. I understand by doing so I could be endangering my health and it is illegal. Exceptions will be made if I have **DISCUSSED THEM WITH DR. GUY** or while I am admitted to the hospital.

\_\_\_\_ 4. Use of prohibited substances can interfere with my opioid therapy and cause adverse effects. Therefore, I agree to notify my provider of the use of all substances: to include marijuana, alcohol, and illicit drugs. I understand that I should not be using these substances while on opioid therapy and by doing so I risk being discharged.

\_\_\_\_ 5. Medication changes will **NOT** be made over the phone. Changes in my medication will require a doctors visit so I can be re-evaluated. **I will not dispose of unused medications. I will bring in all medications in their original containers to every appointment.**

\_\_\_\_ 6. I will take the medication at the dose and frequency prescribed by my provider. **I understand that I am NOT to increase the dose of my medication.** By doing so I may no longer receive controlled substances from my physician.

\_\_\_\_ 7. I understand that prescriptions may take up to 72 hours to refill. I will be responsible and plan accordingly in order to get my refills on time and will also plan for weekends and holidays so as I will not run out of my medication. Same day requests or walk in requests will NOT be honored or filled.

\_\_\_\_ 8. I understand that opioids have common potential side effects that include: constipation, sweating itching/rash, and allergic reactions. Drowsiness may occur when starting or increasing the dosage. I understand this and agree to refrain from driving a motor vehicle or operating machinery until drowsiness subsides.

\_\_\_\_ 9. I agree to random drug testing by my physician to monitor my compliance with proper medication use. I waive certain privacy rights so that my physician may talk to other healthcare providers, family members, and even law enforcement officials. I also agree to come into the office when asked to and submit to a drug screen or produce unused portions of medications to verify they are being taken correctly.

\_\_\_\_ 10. I understand that I can become dependent on opioid medications, which in a small number can lead to addiction. If addiction occurs my physician will discontinue the medication and I will be referred to a drug treatment program.

\_\_\_\_ 11. I understand that some persons develop tolerance, which is the need to increase the dose of the medication to achieve the same level of pain control. I also understand that I may become physically dependent on the medication and stopping the medication suddenly may cause serious withdrawal symptoms.

\_\_\_\_ 12. I understand that all controlled substances are my responsibility and I am not to give them to any other persons for any reason. If I do my physician may no longer prescribe controlled substances to me and may also lead to discharge from the clinic.

\_\_\_\_ 13. I fully understand that if I violate any of the above conditions that my controlled substance prescriptions and/or the treatment with Beacon Pain Clinic may be immediately terminated and I risk being discharged from the clinic. I also understand that this may result in withdrawal symptoms.

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Reviewed by Physician: \_\_\_\_\_

Name & location of pharmacy \_\_\_\_\_ Witness Initials: \_\_\_\_\_



# Opioid Risk Tool (ORT)

## Patient Form

Name \_\_\_\_\_

Date \_\_\_\_\_

Mark each box that applies		Female	Male
1. Family history of substance abuse	<ul style="list-style-type: none"> <li>■ Alcohol</li> <li>■ Illegal drugs</li> <li>■ Prescription drugs</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2. Personal history of substance abuse	<ul style="list-style-type: none"> <li>■ Alcohol</li> <li>■ Illegal drugs</li> <li>■ Prescription drugs</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
3. Age (mark box if 16-45 years)		<input type="checkbox"/>	<input type="checkbox"/>
4. History of preadolescent sexual abuse		<input type="checkbox"/>	<input type="checkbox"/>
5. Psychological disease	<ul style="list-style-type: none"> <li>■ Attention-deficit/hyperactivity disorder, obsessive-compulsive disorder, bipolar disorder, schizophrenia</li> <li>■ Depression</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>

None apply

Copyright © Lynn R. Webster, MD. Used with permission.

# Beacon Pain Clinic Important Information

Please initial by each line 1-17.

\_\_\_1. I understand that prior authorization for my imaging will be done once, and I need to schedule and complete the imaging appointment within my insurance's approved authorization time-frame. I understand that the authorization process can take several days to several weeks or more.

\_\_\_2. I understand that I must give 48 business hours notice to cancel/reschedule a follow-up appointment, and 72 business hours notice to cancel/reschedule a procedure. Failure to do so will result in a \$75 rescheduling fee for follow-up appointments and \$150 rescheduling fee for procedures. I understand that insurance will not cover this fee and I will not be allowed to schedule until that fee is paid.

\_\_\_3. I understand that I will need to make my medication follow-up appointments 10 days prior to my medication fill date.

\_\_\_4. I understand that my copay, coinsurance and deductible payments must be made in a timely manner. If I fail to make regular payments, I risk having my bill sent to collections. If my bill is sent to collections, I understand that I will not be able to remain a patient of Beacon Pain Clinic.

\_\_\_5. I understand that I may need to leave a urine sample at my appointment, and I will always arrive prepared to do so. I further understand that if I do not leave a sufficient sample and/or do not tighten the lid properly and there is a spill, I may have to repeat the sample and could potentially be charged a cleanup fee. I understand I need to fill the cup  $\frac{1}{4}$  to  $\frac{1}{2}$  full.

\_\_\_6. I understand that my medication may require prior authorization from my insurance company, and that process may take up to two weeks.

\_\_\_7. I understand that it is my responsibility to make sure I have a current referral from my primary care provider if my insurance requires that for a specialist.

\_\_\_8. I understand that it is my responsibility to inform Beacon Pain Clinic of any insurance, address or phone number changes.

\_\_\_9. I understand that Beacon Pain Clinic has a small staff and I may need to leave a message if they do not answer the phone. I understand that they will get back to me as soon as possible and I only need to leave one message. I further understand that I should not call the on call doctor for refills, appointment changes/cancellations, prior authorizations, etc, as the on call doctor can not help me with these issues.

\_\_\_10. I understand that if my medications are lost, stolen, or misplaced, regardless of the reason, they will NOT be replaced or refilled.

\_\_\_11. I will not request or accept pain medications from any other physician or individual while receiving medications from Beacon Pain Clinic. I understand by doing so I could be endangering my health and it is illegal. Exceptions will be made if I have DISCUSSED THEM WITH DR. GUY or while I am admitted to the hospital.

\_\_\_12. I understand that the use of prohibited substances can interfere with my opioid therapy and cause adverse effects. Therefore, I agree to notify my provider of the use of all substances: to include marijuana, alcohol, and illicit drugs. I understand that I should not be using these substances while on opioid therapy.

\_\_\_13. I understand that medication changes will NOT be made over the phone and will require an appointment. I will not dispose of unused medications. I will bring in all medications in their original containers to every appointment.

\_\_\_14. I will take medication at the dose and frequency prescribed by my provider. I understand that I am NOT to increase the dose of my medication.

\_\_\_15. I understand that prescriptions may take up to 72 hours to refill. I will be responsible and plan accordingly in order to get my refills on time and will also plan for weekends and holidays so that I will not run out of my medication. Same day requests or walk in requests will NOT be honored or filled.

\_\_\_16. I agree to random drug testing by my physician to monitor my compliance with proper medication use. I also agree to come into the office when asked to and submit to a drug screen or produce unused portions of medications to verify they are being taken correctly.

\_\_\_17. I understand that all controlled substances are my responsibility and I am not to give them to any other persons for any reason.

THANK YOU FOR YOUR PATIENCE WHILE WE PRIORITIZE PATIENT NEEDS AND TAKE CARE OF URGENT NEEDS BEFORE ALL ELSE.

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Witness Initials: \_\_\_\_\_

Please click 'Sign' at the Left top corner. DO NOT click 'Save and Send'.